



Lodi 16th Annual Duck-a-thon

Saturday, September 29, 2018

Youth: A Mini-Triathlon: Swim 125 yards - Bike 5 miles - Run 1 mile
 Adult: A Mini-Triathlon: Swim 125 yards - Bike 7 miles - Run 3.75 miles

Categories:

Youth: 10-16 Years

Adult: 17 years and older

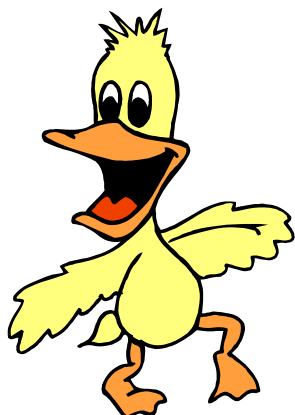
Relay Team: Must have two or three individuals to participate in this category) (one person participates in each leg of the race- in a 2 person team, 1 person would complete in 2 of the 3 legs of the race)

Youth \$25
Youth Relay \$50

Adult \$35
Adult Relay \$70

Times:

- Check in and pick up of goody bags and t-shirts from 6:45-7:30 am
- Transition area will open at 6:45 am and close at 7:30 am
- Mandatory course talk will begin at 7:30 am sharp near the check-in area
- Adult and Adult relay race will begin at 8:00 am at the High School and Indoor Community Pool
- Youth and Youth relay race will follow 15 minutes after Adult swim (same location)
- Swim start will begin in intervals to be announced (between 10-30 seconds)
- It is the racers responsibility to be on time.
- Mandatory: Bike Helmet required. NO EXCEPTIONS



Registration Deadline – Friday, September 7

No Race Day Registration and No Refunds! (Rain or Shine!)
 Prizes awarded for various age groups

ALL proceeds go back into programming for the Lodi Community!

REGISTER ON-LINE!! Go to www.lodi.k12.wi.us , go to Community; click on CREW

By this Waiver, I assume any risk, and take full responsibility and waive any claims of personal injury, death or damage to personal property associated with **Lodi School District Recreation and Education Program** activities and events organized by **The School District of Lodi**.

I understand and confirm that by signing this WAIVER AND RELEASE I have given up considerable future legal rights. I have signed this Agreement freely, voluntarily, under no duress. My signature is proof of my intention to execute a complete and unconditional WAIVER AND RELEASE of all liability to the full extent of the law. I am 18 year of age or older and mentally competent to enter into this waiver.

Any Questions Contact
592-1076

Mail Form to:
CREW
Attn: Heidi Endres
115 School St
Lodi, WI 53555

Register On-line!!
www.lodi.k12.wi.us
click on CREW!

Age day of Race: _____

- Youth \$25 Youth Relay \$50
 Adult \$35 Adult Relay \$70

Relay Team Name: _____

Shirt Size:

- Youth (14-16) Adult Small
 Adult Medium Adult Large
 Adult X-Large Adult XX-Large

Method of Payment:

- Check (make payable Lodi School District)
 Cash (drop off only to Pool Lobby)

Participants Name

Address

Phone

Email

Signature (parent or guardian if applicable)

Lodi "Duck-a-Thon" Registration Form 2018