

# **Zika Virus**

## 5 Things You Need to Know:

1. Zika is primarily spread through infected mosquitoes. You can also get Zika through sexual intercourse.

- The Zika virus is transmitted to people through the Aedes species mosquito (Ae. aegypti and Ae. abopictus), a mosquito species that is NOT native to Wisconsin.
- The mosquitos that can transmit Zika are aggressive daytime biters, but can also bite at night.

2. There have been no reported cases of Zika in state of Wisconsin

States	Wisconsin	Minnesota	Michigan	Illinois	Florida
Locally Acquired Zika Cases	0	0	0	0	35

- <http://www.cdc.gov/zika/intheus/maps-zika-us.html>

3. The best way to prevent Zika is to prevent mosquito bites

- Use EPA-registered insect repellent.
  - (<https://www.epa.gov/insect-repellents/find-insect-repellent-right-you>)
- Stay in places with air conditions or window and door screens.

4. Zika is linked to birth defects

- Zika infection during a pregnancy can cause a serious birth defect known as microcephaly, an abnormal small head and small brain size.
- The long-term effects of the Zika virus on non-pregnant woman and men are still unknown.
- If you are pregnancy or have a partner that lives/travels to areas with Zika, contact your health care provider and have safe sexual intercourse.

5. Pregnancy woman are encouraged not to travel to areas with Zika

- Talk to a travel nurse/health care provider to follow strict steps to prevent any risk for a Zika infection during your travel.