



# C. R. E. W.

## Community Resource Enrichment Wellness

Mail to Lodi CREW, Attn: Heidi Endres; 1100 Sauk St; Lodi, WI 53555  
Or Register On-line! [www.lodi.k12.wi.us](http://www.lodi.k12.wi.us) Click on CREW

## Lodi Winter II 2020 Swim Lessons:

**Weeks of Sunday, Feb 23– Wednesday, April 8 No Classes: Mar 22, 23 & 25**

<b>Preschool: Age 3-5: Level 1</b> Enter water independently using ladder, step or side and travel at least 5 yards, submerging mouth and blowing bubbles for at least 3 seconds, gliding on front for 2 body lengths, rolling to back and float for 3 seconds	<b>Preschool Level 1 – Class Times:</b> <input type="checkbox"/> 3:00-3:30 pm Sun <input type="checkbox"/> 3:35-4:05 pm Sun <input type="checkbox"/> 5:00-5:30 pm Mon <input type="checkbox"/> 5:00-5:30 pm Wed <input type="checkbox"/> 5:35-6:05 pm Wed
<b>Preschool: Age 3-5: Level 2</b> Swimming using combined arm and leg actions on front, rolling to back floating for 5 seconds, rolling to front continuing to swim	<b>Preschool Level 2 – Class Times:</b> <input type="checkbox"/> 3:00-3:30 pm Sun <input type="checkbox"/> 3:35-4:05 pm Sun <input type="checkbox"/> 5:00-5:30 pm Mon <input type="checkbox"/> 5:35-6:05 pm Mon <input type="checkbox"/> 5:35-6:05 pm Wed
<b>Preschool: Age 3-5: Level 3</b> Swimming using combined arm and leg actions on front, rolling to back floating for 15 seconds, rolling to front continuing to swim.	<b>Preschool Level 3-Class Times:</b> <input type="checkbox"/> 3:00-3:30 pm Sun <input type="checkbox"/> 3:35-4:05 pm Sun <input type="checkbox"/> 5:35-6:05 pm Mon <input type="checkbox"/> 5:00-5:30 pm Wed
<b>Youth: Age 6 &amp; Over: Level 1 or 2</b> <b>Level 1:</b> Gliding on front, rolling to back float, recovering to a vertical position <b>Level 2:</b> Stepping from the side into chest deep water, pushing off using combined arm and leg action on front, back and then front again for 5 body lengths each	<b>Youth Level 1 or 2-Class Times:</b> <input type="checkbox"/> 4:10-4:55 pm Sun <input type="checkbox"/> 6:10-6:55 pm Mon <input type="checkbox"/> 6:10-6:55 pm Wed
<b>Youth Age 6 &amp; Over: Level 3 Only</b> Stroke development: Jumping into deep water from side, front crawl for 15 yards, maintaining position by treading/floating for 30 seconds, elementary backstroke for 15 yards	<b>Youth Level 3 Only-Class Times:</b> <input type="checkbox"/> 3:00-3:45 pm Sun <input type="checkbox"/> 3:50-4:35 pm Sun
<b>Youth Age 6 &amp; Over: Level 4 or 5 Only</b> <b>Level 4:</b> Stroke Improvement: Swimming front crawl for 25 yards, elementary backstroke for 25 yards, breaststroke for 15 yards, back crawl for 15 yards <b>Level 5:</b> Stroke Refinement: Front crawl for 50 yards, elementary backstroke for 50 yards, breaststroke for 25 yards, back crawl for 25 yards	<b>Youth Level 4 or 5 Only-Class Time:</b> <input type="checkbox"/> 4:10-4:55 pm Sun
<b>Youth Age 6 &amp; Over: Level 3 or 4 or 5</b> <b>(See Descriptions above)</b>	<b>Youth Level 3 or 4 or 5-Class Time:</b> <input type="checkbox"/> 6:10-6:55 pm Mon <input type="checkbox"/> 6:10-6:55 pm Wed
<b>Payment (per session):</b> Resident/Non-Resident with Resident/Non-Resident with Pool Pass   \$40 Resident without Pool Pass   \$50 Non-Resident without Pool Pass \$60	<b>Registration Fills Fast!</b> <b>SPACE IS LIMITED</b> <b>Don't Delay!</b>

**If pool is closed due to holidays, weather or mechanical failure; lessons will not be rescheduled**  
Minimum amount of participants are required to hold classes!

**C.R.E.W.**

**Winter II 2020 Swim Lessons**

Questions call: 592-1076

Mail to:  
CREW; 115 School St  
Lodi WI 53555

Payment: Check/Cash  
Register online!

**Pool Pass \$40**  
**Resident w/o Pass \$50**  
**Non-Resid w/o Pass \$60**

A SPECIAL WAIVER WILL NEED TO BE COMPLETED 1 OF 2 WAYS.

1. **PRINT A COPY AND COMPLETE. PLEASE RETURN WITH THIS REGISTRATION FORM. [WWW.LODI.K12.WI.US](http://WWW.LODI.K12.WI.US)**  
CLICK ON COMMUNITY AND THEN CREW. CREW FORM ON THE RIGHT SIDE OF WEBSITE!
2. **REGISTER ON-LINE AND COMPLETE INFO FOR THE WAIVER ON-LINE**

Name: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_  
Address: \_\_\_\_\_ ☐ Male ☐ Female  
Home Phone: \_\_\_\_\_ Email: \_\_\_\_\_  
Signature of parent/guardian: \_\_\_\_\_

**Preschool Class(es):** \_\_\_\_\_  
**Youth Class(es):** \_\_\_\_\_