Lodi School District COVID Protocols Updated Nov.14, 2022

I HAVE SYMPTOMS. Now What?

STAY HOME IF YOU HAVE SYMPTOMS

A negative COVID test is required to return to school if you are considered symptomatic for COVID based on the symptoms listed to the right. Report your child's <u>specific</u> symptoms to your child's school and expect follow up and direction based on those reported symptoms.

POSITIVE TEST RESULT

See the **RED FLOWCHART** below

Negative antigen and home COVID tests have a high rate of error. If symptoms continue or progress consider obtaining another antigen test or a PCR based test.

When should my student stay home?

Your student should stay home if they are symptomatic or have been tested for COVID-19 while waiting for results. Your student is considered symptomatic if they have one of the symptoms marked with (*) or two of the other symptoms above baseline for them:

-cough* -Shortness of breath

or difficulty breathing* -New loss of taste or smell* -Congestion or runny nose -Fever or Chills

-Fever or Chills

GET TESTED: Home test, Antigen test, PCR- based, or NAAT test. Verbally report to school.



NEGATIVE TEST RESULT

-Fatique

-Headache

-Sore throat

-Diarrhea

-Muscle or Body Aches

-Nausea or Vomiting

Return to school when symptoms have improved and 24 hours fever-free without the use of fever reducing medications. Masking recommended until symptoms have fully resolved.

I HAVE COVID-19. Now What?

<u>Stay home at the onset of COVID like symptoms.</u> When someone tests positive for COVID-19, the District should continue to require them to be excluded/isolated (5 Days). However,

- Students/staff can return to school wearing a face covering once they are fever free for a 24-hour period, their symptoms are improving, and they can participate effectively in school (face covering through day 10).
- Students/staff who do wish to wear a face covering can go without a face covering at school as soon as they produce a negative antigen test and notify the school building office or school nurse of their test result.
- Students who do not wish to wear a face covering always have the option to complete a 10day isolation period at home.

See back side for continued information

Have your symptoms improved and no fever for at least 24 hours without using fever-reducing medication?

No, my symptoms are not improved. Monitor symptoms until they are mostly gone, and you are fever free without fever reducing medication. STAY HOME.

Yes- I am fever free and symptoms improved.

Return to school wearing a mask through day 10, unless you have a negative antigen test sooner. If you have a negative antigen test. Please notify the school of the test result.

I HAVE BEEN EXPOSED TO COVID-19. Now What? Diligent symptom

monitoring is important for all individuals exposed to the COVID-19 virus.

Anyone exposed to the COVID-19 virus regardless of vaccination status.

(If you are within the 90day window of having COVID-19 a PCR based COVID test is **not** recommended since you will most likely test positive for several weeks to months after your recovery.) It is recommended, not required to wear a mask and monitor for COVID like symptoms for 10 days.

- Day 0 is the day of your last exposure to someone with COVID-19
- Day 1 is the first full day after your last exposure.
- Getting a COVID test on day 5 is recommended, but not required.

If you develop symptoms, see the Blue Section above and stav home.

If your test on day 5 is positive, see the red section above.

Recommendations for if you have been exposed to the COVID-19 virus.

Calculate your Symptom monitoring period and recommended masking dates:											
	Symptom monitoring and masking recommended										
	First day of										
	separation										
	from										Return to
Last day of	positive				Recommeded						normal
exposure	case				testing date					Last day	activities
Day 0	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9	Day 10	Day 11