



I HAVE SYMPTOMS. Now What?

STAY HOME IF YOU HAVE SYMPTOMS

A negative COVID test is required to return to school if you are considered symptomatic for COVID based on the symptoms listed to the right. Report your child's specific symptoms to your child's school and expect follow up and direction based on those reported symptoms.

Negative antigen and home COVID tests have a high rate of error. If symptoms continue or progress consider obtaining another antigen test or a PCR based test.

When should my student stay home?

Your student should stay home if they are symptomatic or have been tested for COVID-19 while waiting for results. Your student is considered symptomatic if they have one of the symptoms marked with (*) or two of the other symptoms above baseline for them:

- | | |
|------------------------------|-----------------------|
| -cough* | -Fatigue |
| -Shortness of breath | -Headache |
| or difficulty breathing* | -Muscle or Body Aches |
| -New loss of taste or smell* | -Sore throat |
| -Congestion or runny nose | -Nausea or Vomiting |
| -Fever or Chills | -Diarrhea |

GET TESTED: Home test, Antigen test, PCR- based, or NAAT test. Verbally report to school.

POSITIVE TEST RESULT

See the **RED FLOWCHART** below



NEGATIVE TEST RESULT

Return to school when symptoms have improved and 24 hours fever-free without the use of fever reducing medications. Masking recommended until symptoms have fully resolved.

I HAVE COVID-19. Now What?

Stay home at the onset of COVID like symptoms. When someone tests positive for COVID-19, the District should continue to require them to be excluded/isolated (5 Days). However,

- Students/staff can return to school wearing a face covering once they are fever free for a 24-hour period, their symptoms are improving, and they can participate effectively in school (face covering through day 10).
- Students/staff who do wish to wear a face covering can go without a face covering at school as soon as they produce a negative antigen test and notify the school building office or school nurse of their test result.
- Students who do not wish to wear a face covering always have the option to complete a 10-day isolation period at home.

See back side for continued information

Have your symptoms improved and no fever for at least 24 hours without using fever-reducing medication?

No, my symptoms are not improved.
Monitor symptoms until they are mostly gone,
and you are fever free without fever reducing
medication. STAY HOME.

Yes- I am fever free and symptoms improved.

Return to school wearing a mask through day 10, unless you have a negative antigen test sooner. **If you have a negative antigen test. Please notify the school of the test result.**

[illegible]