



# 30 DAY Challenge

*Challenge yourself and help our local small businesses and yourself at the same time!*

30 Day Challenge  
April 13 – May 13, 2020

Cost \$10

Log as many miles as you can running/walking!  
Try one of these Goals: 50, 75, 100, 125, 150, 175, 200+

register online

(if unable to register online, email Heidi at [endrehe@lodischoolswi.org](mailto:endrehe@lodischoolswi.org))

**PRIZES!** At the end of the challenge, submit your total miles and your name will put in a drawing for gift cards to local businesses!

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Name: \_\_\_\_\_

Email: \_\_\_\_\_

Cost \$10