

Lace up those tennis shoes and join the Youth Cross Country Team. The Youth Cross Country Team is open to students, in 4^{th} and 5^{th} grade! Practice will consist of group runs, fun drills and running techniques. Group runs will be supervised throughout the community



September 9 – October 12 Tuesday & Thursdays 3:15 pm – 4:15 pm Meet at the Elementary School In front of school – Look for Diana Karls

Wear tennis shoes and clothing suitable for the weather conditions. We will have practice regardless of the weather.

We generally get to participate in a few Middle School Cross Country Meets! Must have their own Ride to the meets: Tentative Meets: Fri, Sept 17 @ Rio Thurs, Oct 7 @ Lodi Mon, Oct 11 @ Columbus More Details to come!

By this Waiver, I assume any risk, and take full responsibility and waive any claims of personal injury, death or damage to personal property associated with Lodi School District Recreation and Education Program activities and events organized by The School District of Lodi. I understand and confirm that by signing this WAIVER AND RELEASE I have given up considerable future legal rights. I have signed this Agreement freely, voluntarily, under no duress. My signature is proof of my intention to execute a complete and unconditional WAIVER AND RELEASE of all liability to the full extent of the law. I also grant permission for CREW to post photos on social media and the website. I am 18 year of age or older and mentally competent to enter into this waiver. Any Questions Contact 592-1076 Student Name: Parent Name Students Grade: Drop Off Form to: Address Cost: \$25 Pool Lobby Method of Payment: Phone Mail Form to: □ Check (make payable to Lodi CREW) Lodi CREW \Box Cash (drop off only) Attn: Heidi Endres Email □ Register On-line 115 School St Lodi WI 53555 Parent Signature Youth Cross County Team - Fall I 2021