



Wrestling Fundamentals

GRADES 3-7

January 4 – March 8

Tuesdays & Thursdays 3:10 pm – 4:30 pm
Elementary School – Wrestling Room

School District of Lodi Covid Procedures must be followed

Cost:
\$35
 Includes
 T-Shirt

Come learn the fundamentals of Wrestling with Coach Nick Ziegler! You will be taught the basic fundamentals of wrestling while engaging in *fun* drills which will help you on your road to becoming a member of the Lodi Wrestling Family! We hope to have an end of the year scrimmage opportunity!

Register by December 29 (or until full)

Minimum/maximum number of participants required or program will be canceled

Thank you to Lodi Wrestling Club & Sponsors for T-Shirts!

Opportunities for weekend tournaments are available for additional costs

By this Waiver, I assume any risk, and take full responsibility and waive any claims of personal injury, death or damage to personal property associated with **Lodi School District Recreation and Education Program** activities and events organized by **The School District of Lodi**.

I understand and confirm that by signing this WAIVER AND RELEASE I have given up considerable future legal rights. I have signed this Agreement freely, voluntarily, under no duress. My signature is proof of my intention to execute a complete and unconditional WAIVER AND RELEASE of all liability to the full extent of the law. I also grant permission for CREW to post photos on social media and the website. I am 18 year of age or older and mentally competent to enter into this waiver.

Drop Off Form to:
 Pool Lobby or District Office
 Or any school office

Mail Form to:
 Lodi CREW
 Attn: Heidi Endres
 1100 Sauk Street
 Lodi WI 53555

Any Questions call:
 592-1076

Child's Name: _____

Grade: _____

♦ **Health issues/concerns, please
 write on back of form**

☐ \$35

Shirt Size: ☐ Youth Medium ☐ Youth Large

☐ Adult Small ☐ Adult Medium

Method of Payment:

☐ Check (make payable to Lodi CREW)

☐ Cash (drop off only)

Register On-line! www.lodi.k12.wi.us

Parent Name _____

Address _____

Phone _____

Email _____

Parent Signature _____

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