

Lodi Middle School Virtual Schedule - Sample

Time	Monday	Tuesday	Wednesday	Thursday	Friday
Before 8:30	Get ready - eat breakfast, brush teeth, get dressed. Check Google Classroom and respond to Gmail emails if needed. *Get missing work done from yesterday if needed.				
8:30 - 9:30	Lang. Arts	Math	Lang. Arts	Math	Lang. Arts
9:30 - 9:45	Snack / Stretch	Snack / Stretch	Snack / Stretch	Snack / Stretch	Snack / Stretch
9:45 - 10:45	Social Studies	Science	Social Studies	Science	Math
10:45 - 11:00	Break	Break	Break	Break	Break
11:00 -11:30	Physical Education	Get outside or be active.	Get outside or be active.	Physical Education	Get outside or be active.
11:30 - 12:30	Lunch	Lunch	Lunch	Lunch	Lunch
12:30 - 1:00	Specials	Specials	Specials	Specials	Specials
1:00 - 2:00	Read / Listen to Music / Draw / Journal	Read / Listen to Music / Draw / Journal	Read / Listen to Music / Draw / Journal	Read / Listen to Music / Draw / Journal	Read / Listen to Music / Draw / Journal
2:00 - 2:30	Get outside or be active.	Get outside or be active.	Get outside or be active.	Get outside or be active.	Get outside or be active.
2:30 - 3:00	Chore to help the family.	Chore to help the family.	Chore to help the family.	Chore to help the family.	Chore to help the family.
Evening	Read / Call or Videochat Friends / Game	Read / Call or Videochat Family / Game	Read / Call or Videochat Friends / Game	Read / Call or Videochat Family / Game	Read / Call or Videochat Friends / Game