



# ZUMBA®

***Come join the party with Brittanie!***

***Perfect for: Everybody and Anybody! No dance experience needed!***

## ***Saturdays 9:00 – 9:45 am***

***Dec 5, Dec 12 & Dec 19***  
***Elementary School – Gym***

**Cost: \$18**

**Maximum  
number of  
participants!**

**Drop-ins Welcome for \$8 per class (please bring exact amount)!**

**Drop In Welcome, if space permits! Only allowed 10 participants due to COVID Regulations.**

**MASK MUST BE WORN AT ALL TIMES**

**How It Works:** We take the "work" out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and World rhythms take over, you'll see why Zumba® Fitness classes are often called exercise in disguise. Super effective? Check. Super fun? Check and check.

**Safe COVID-19 practices and guidelines must be followed. Guidelines are posted on the CREW/Pool web and posted at our facility. Masks are required.**

**If inclement weather, watch facebook and email for cancelations.**

By this Waiver, I assume any risk, and take full responsibility and waive any claims of personal injury, death or damage to personal property associated with Lodi School District Recreation and Education Program activities and events organized by The School District of Lodi.

I understand and confirm that by signing this WAIVER AND RELEASE I have given up considerable future legal rights. I have signed this Agreement freely, voluntarily, under no duress. My signature is proof of my intention to execute a complete and unconditional WAIVER AND RELEASE of all liability to the full extent of the law. I also grant permission for CREW to post photos on social media and the website. I am 18 year of age or older and mentally competent to enter into this waiver.

**Any Questions Contact**  
592-1076

**Mail Form to:**  
CREW  
1100 Sauk St  
Lodi, WI 53555

**Method of Payment:**

☐ Saturday Classes: Dec 5, 12 & 19 \$18

Cost: \$18  
or  
\$8 per class (drop in fee)

\_\_\_\_\_  
Name

\_\_\_\_\_  
Address

\_\_\_\_\_  
Phone

\_\_\_\_\_  
Email

\_\_\_\_\_  
Signature

**Zumba December 2020**