

Skarda Information for Lodi Parents

Sierra Skarda, a junior at Lodi High School, passed away as a result of a single vehicle car accident on Tuesday, January 26, 2016. She was a great friend to many, was fun to be around, and was a great student to have in school. She will be greatly missed by many.

The district is following our emergency crisis plan and doing everything we can to work through this difficult situation. Although our thoughts remain with Sierra's family, our current focus also has to shift to providing support to our students and staff. We are doing this by providing our high school students' information about Sierra's passing, giving them some time and space to process their thoughts and feelings, and providing additional counseling support as needed. We ask that all parents consider taking the time to talk to your child at home about their feelings during this difficult time. We have provided some additional resources at the end of this note for you to use in facilitating those conversations with your child.

Please know that each child will react differently as there is no right or wrong way to grieve. If your high school child needs additional help or support during this difficult time, we ask that you please contact the high school office at 592-3853. Counselors in all of our buildings are available if you feel your child needs to have additional support during the school day.

Resources

[How to Help a Grieving Teen](#)

[Helping Teenagers Cope with Grief](#)

[What Happens After the Sudden Death of a Friend or Classmate](#)

Resource for younger children

[Helping Younger Children Cope with Death](#)