



Come and join Megan Karls for this fantastic class!

This class is intended for beginners as well as those with yoga experience. Options are offered throughout the class allowing you to find a level of comfort on your mat. Much of the class follows a flow format so you have the opportunity to move at a pace that is right for you. Please bring your own mat and wear comfortable clothing that you can easily move in. Please note though all are welcome instructor has no population specific training.

WEDNESDAYS

SEPTEMBER 27 – NOVEMBER 15

6:15 PM – 7:00 PM

COST: \$35

\$6 PER DAY (DROP IN)

HIGH SCHOOL – ROOM 2220

You'll L♥VE this Class!

By this Waiver, I assume any risk, and take full responsibility and waive any claims of personal injury, death or damage to personal property associated with Lodi School District Recreation and Education Program activities and events organized by The School District of Lodi.

I understand and confirm that by signing this WAIVER AND RELEASE I have given up considerable future legal rights. I have signed this Agreement freely, voluntarily, under no duress. My signature is proof of my intention to execute a complete and unconditional WAIVER AND RELEASE of all liability to the full extent of the law. I am 18 year of age or older and mentally competent to enter into this waiver.

<p>Any Questions Contact 592-1076</p> <p>Mail Form to: CREW Attn: Heidi Endres 115 School St Lodi, WI 53555</p>	<p>Method of Payment:</p> <p><input type="checkbox"/> \$35 All Classes <input type="checkbox"/> Drop In Fees \$6 each</p> <p><input type="checkbox"/> Check (make payable Lodi School District) <input type="checkbox"/> Cash (drop off only to Pool Lobby) Register online! www.lodi.k12.wi.us</p>	<p>_____ Name</p> <p>_____ Address</p> <p>_____ Phone</p> <p>_____ Email</p> <p>_____ Signature</p>
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Yoga – Fall II 2017