



Lodi 15th Annual Duck-a-thon

Saturday, September 30, 2017

Youth: A Mini-Triathlon: Swim 125 yards - Bike 5 miles - Run 1 mile
 Adult: A Mini-Triathlon: Swim 125 yards - Bike 7 miles - Run 3.75 miles

Categories:
 Youth: 10-16 Years
 Adult: 17 years and older

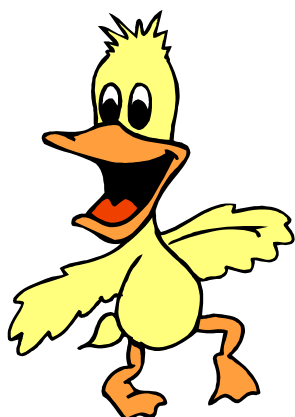
Relay Team: Must have two or three individuals to participate in this category) (one person participates in each leg of the race- in a 2 person team, 1 person would complete in 2 of the 3 legs of the race)

Youth \$25
Youth Relay \$50

Adult \$35
Adult Relay \$70

Times:

- Check in and pick up of goody bags and t-shirts from 6:45-7:30 am
- Transition area will open at 6:45 am and close at 7:30 am
- Mandatory course talk will begin at 7:30 am sharp near the check-in area
- Adult and Adult relay race will begin at 8:00 am at the High School and Indoor Community Pool
- Youth and Youth relay race will follow 15 minutes after Adult swim (same location)
- Swim start will begin in intervals to be announced (between 10-30 seconds)
- It is the racers responsibility to be on time.
- Mandatory: Bike Helmet required. NO EXCEPTIONS



Registration Deadline – Monday, September 11

No Race Day Registration and No Refunds! (Rain or Shine!)
 Prizes awarded for various age groups

ALL proceeds go back into programming for the Lodi Community!

REGISTER ON-LINE!! Go to www.lodi.k12.wi.us , go to Community; click on CREW

By this Waiver, I assume any risk, and take full responsibility and waive any claims of personal injury, death or damage to personal property associated with **Lodi School District Recreation and Education Program** activities and events organized by **The School District of Lodi**.

I understand and confirm that by signing this WAIVER AND RELEASE I have given up considerable future legal rights. I have signed this Agreement freely, voluntarily, under no duress. My signature is proof of my intention to execute a complete and unconditional WAIVER AND RELEASE of all liability to the full extent of the law. I am 18 year of age or older and mentally competent to enter into this waiver.

<p>Any Questions Contact 592-1076</p> <p>Mail Form to: CREW Attn: Heidi Endres 115 School St Lodi, WI 53555</p> <p>Register On-line!! www.lodi.k12.wi.us click on CREW!</p>	<p>Age day of Race: _____</p> <p><input type="checkbox"/> Youth \$25 <input type="checkbox"/> Youth Relay \$50 <input type="checkbox"/> Adult \$35 <input type="checkbox"/> Adult Relay \$60</p> <p>Relay Team Name: _____</p> <p>Shirt Size:</p> <p><input type="checkbox"/> Youth (14-16) <input type="checkbox"/> Adult Small <input type="checkbox"/> Adult Medium <input type="checkbox"/> Adult Large <input type="checkbox"/> Adult X-Large <input type="checkbox"/> Adult XX-Large</p> <p>Method of Payment:</p> <p><input type="checkbox"/> Check (make payable Lodi School District) <input type="checkbox"/> Cash (drop off only to Pool Lobby)</p>	<p>_____</p> <p>Participants Name</p> <p>_____</p> <p>Address</p> <p>_____</p> <p>Phone</p> <p>_____</p> <p>Email</p> <p>_____</p> <p>Signature (parent or guardian if applicable)</p>
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Lodi "Duck-a-Thon" Registration Form 2017