



**CREW brings Yoga to the Lodi Community with Ms. Megan**

Flow Yoga is great for beginners as well as those with yoga experience. Options are offered throughout the class so individuals can move at their own pace. Please bring your own mat and wear comfortable clothing that you can easily move in. Please note though all are welcome instructor has no population specific training.

*Wednesday/Saturday*

*Every other Wednesdays: Jan 3, Jan 17, Jan 31 & Feb 14  
6:30 pm*

*Every other Saturdays: Jan 13, Jan 27, Feb 10  
8:30 am*

*Cost: \$35 for all classes or \$6 per day (drop In)  
High School - Room 2220*

*You'll L♥VE this Class!*

<p><small>By this Waiver, I assume any risk, and take full responsibility and waive any claims of personal injury, death or damage to personal property associated with Lodi School District Recreation and Education Program activities and events organized by The School District of Lodi.</small></p> <p><small>I understand and confirm that by signing this WAIVER AND RELEASE I have given up considerable future legal rights. I have signed this Agreement freely, voluntarily, under no duress. My signature is proof of my intention to execute a complete and unconditional WAIVER AND RELEASE of all liability to the full extent of the law. I am 18 year of age or older and mentally competent to enter into this waiver.</small></p>		
<p><b>Any Questions Contact</b> 592-1076</p> <p><b>Mail Form to:</b> CREW Attn: Heidi Endres 115 School St Lodi, WI 53555</p>	<p>Method of Payment:</p> <p><input type="checkbox"/> \$35 All Classes</p> <p><input type="checkbox"/> Drop In Fees \$6 each</p> <p><input type="checkbox"/> Check (make payable Lodi School District)</p> <p><input type="checkbox"/> Cash (drop off only to Pool Lobby)</p> <p>Register online! <a href="http://www.lodi.k12.wi.us">www.lodi.k12.wi.us</a></p>	<p>_____</p> <p>Name</p> <p>_____</p> <p>Address</p> <p>_____</p> <p>Phone</p> <p>_____</p> <p>Email</p> <p>_____</p> <p>Signature</p>
<p><b>Yoga – Winter I 2018</b></p>		